# Multnomah County Library and Portland Community College present:



Teaching adults how to find resources to answer your questions about going back to school

## Who am I?

- Worked in restaurants, print shops, warehouses
- Didn't go back to school for 17 years
- Went to PCC
- Graduated from PSU

# Introducing Module 2 of a 3-module series

Module 1 - Technology Fundamentals: using e-mail and the web

Module 2 – "How do I start?": figuring out where I want to go to school and for what

Module 3 – "How do I get there?": figuring out information resources for financial aid, registration, childcare, and other needs

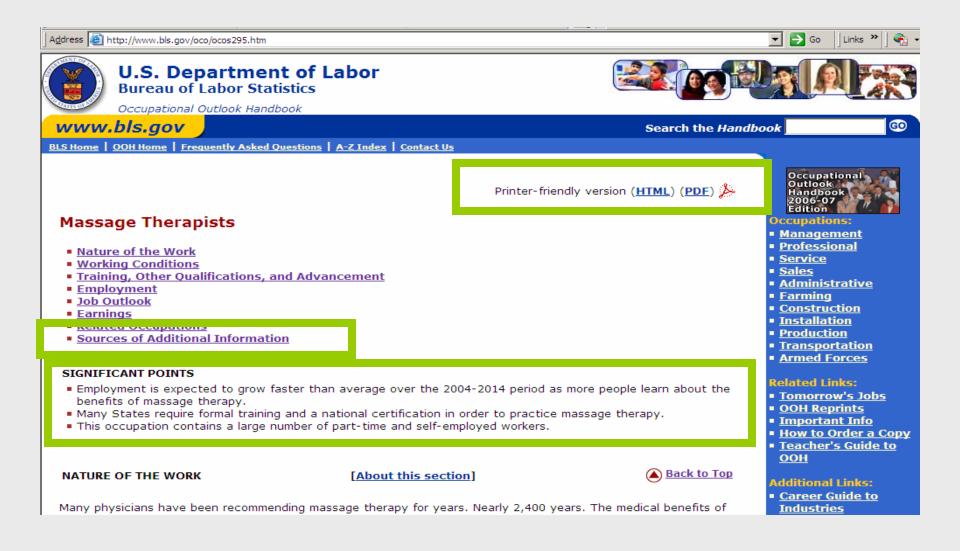
## Module 2 – What we cover

- **X** Looking up career information
- **Finding school websites**
- Finding the specific information you want from a variety of resources
- **X** Evaluating the resources you find
- **Keeping track of things you find**

## Let's try an example:

- **Career outlook information for:** massage therapists
- Should we use books, or look on the internet for resources? Why or why not?
- One good place to look: http://www.bls.gov/oco/home.htm the Bureau of Labor Statistics' Occupational Outlook Handbook

### The massage therapists' page, part one



### The massage therapists' page, part two

#### -DISCLAIMER:

Links to non-BLS Internet sites are provided for your convenience and do not constitute an endorsement.

General information on becoming a massage therapist is available from State regulatory boards.

For more information on becoming a massage therapist, contact:

- Associated Bodywork & Massage Professionals, 1271 Sugarbush Dr., Evergreen, CO 80439.
- American Massage Therapy Association, 500 Davis St., Suite 900, Evanston, IL 60201. Internet: http://www.amtamassage.org

For a directory of schools providing accredited massage therapy training programs, contact:

- Commission on Massage Therapy Accreditation, 1007 Church St., Suite 302, Evanston, IL 60201. Internet: http://www.comta.org
- Accrediting Commission of Career Schools and Colleges of Technology, 2101 Wilson Blvd., Suite 302, Arlington,
  VA 22201. Internet: <a href="http://www.accsct.org">http://www.accsct.org</a>

Information on national testing and national certification is available from:

 National Certification Board for Therapeutic Massage and Bodywork, 1901 S. Meyers Rd., Suite 240, Oakbrook Terrace, IL 60181.

#### OOH ONET CODES

[About this section]



31-9011.00

**Suggested citation:** Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook,* 2006-07 Edition, Massage Therapists, on the Internet at http://www.bls.gov/oco/ocos295.htm (visited *June 04, 2007*).

### massagetherapy.com



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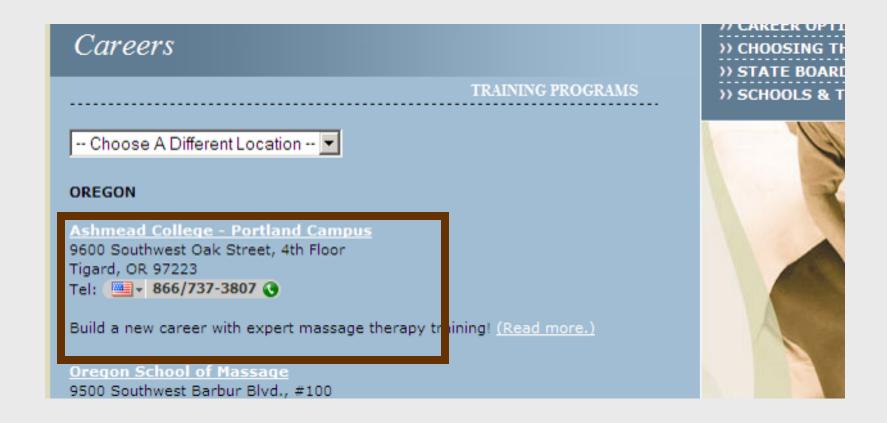
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- American Massage Therapy Association, 500 Davis St., Suite 900, Evanston, IL 6020 http://www.amtamassage.org



## Still, buyer beware!



# So what did I learn in 5 minutes?

- Returning to school means looking for lots of different kinds of information
- The library can help me learn to find and evaluate information I need
- If I want to be a massage therapist, I know where to start!

